

# ZC 2026: Session: 6: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mannaerts Hans HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 48: 100M FREESTYLE MEN 13-14** **Heat:1, starttime: 14:00**

**Heat: 1/12 Lane : 4 Athlete: MANNAERTS MARTIJN** **Q-time: 01:33:25**

**PB (50m pool): 01:33.25 SportinGenk Park 24/05/2026** **PB (25m pool): 01:37.56 SB: 01:33.25 SportinGenk Park 24/05/2026**

	<b>50 M</b>	<b>100 M</b>	
<b>PB</b>	00:45.49	01:33.25	
	00:45.49	00:47.76	
	.....	.....	

Coach feedback:

**Event number: 49: 200M BACKSTROKE WOMEN 13-14** **Heat:2, starttime: 14:26**

**Heat: 2/5 Lane : 3 Athlete: VAN HAM MARIE** **Q-time: 03:06:97**

**PB (50m pool): 03:06.97 SportinGenk Park 24/05/2026** **PB (25m pool): 03:07.79 SB: 03:06.97 SportinGenk Park 24/05/2026**

	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
<b>PB</b>	00:43.67	01:32.49	02:21.90	03:06.97	
	00:43.67	00:48.82	00:49.41	00:45.07	
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Coach feedback:

**Event number: 50: 50M BREASTSTROKE MEN 15+** **Heat:1, starttime: 14:42**

**Heat: 1/8 Lane : 5 Athlete: HURKMANS CÉDRIC** **Q-time: 00:47:25**

**PB (50m pool): 00:48.15 Mol 28/06/2026** **PB (25m pool): 00:47.24 SB: 00:48.15 Mol 28/06/2026**

	<b>50 M</b>	
<b>PB</b>	00:48.15	
	00:48.15	
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Coach feedback:

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<b>Event number: 50: 50M BREASTSTROKE MEN 15+</b>		<b>Heat:4, starttime: 14:46</b>
<b>Heat: 4/8 Lane : 7 Athlete: MICHIELS PIETER</b>		<b>Q-time: 00:37:72</b>
PB (50m pool): 00:36.41 Mol 23/06/2024		PB (25m pool): 00:33.95 SB: 00:37.72 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:36.41	
	00:36.41	
	.....	

Coach feedback:

<b>Event number: 50: 50M BREASTSTROKE MEN 15+</b>		<b>Heat:8, starttime: 14:50</b>
<b>Heat: 8/8 Lane : 2 Athlete: JANSEN TOON</b>		<b>Q-time: 00:33:97</b>
PB (50m pool): 00:33.97 Eindhoven 22/03/2026		PB (25m pool): 00:33.06 SB: 00:33.97 Eindhoven 22/03/2026
	<b>5 0 M</b>	
PB	00:33.97	
	00:33.97	
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Coach feedback:

<b>Event number: 51: 50M BACKSTROKE WOMEN 15+</b>		<b>Heat:3, starttime: 14:56</b>
<b>Heat: 3/9 Lane : 1 Athlete: JANSEN NINA</b>		<b>Q-time: 00:39:60</b>
PB (50m pool): no time		PB (25m pool): no time SB: no time
	<b>5 0 M</b>	
PB	no time	
	no time	
	.....	

Coach feedback:

<b>Event number: 51: 50M BACKSTROKE WOMEN 15+</b>		<b>Heat:4, starttime: 14:57</b>
<b>Heat: 4/9 Lane : 1 Athlete: MICHIELS ANS</b>		<b>Q-time: 00:38:28</b>
PB (50m pool): 00:38.50 Eindhoven 10/05/2026		PB (25m pool): 00:36.18 SB: 00:38.50 Eindhoven 10/05/2026
	<b>5 0 M</b>	
PB	00:38.50	
	00:38.50	
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Coach feedback:

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<b>Event number: 53: 50M BUTTERFLY WOMEN 15+</b>		<b>Heat:4, starttime: 15:25</b>
<b>Heat: 4/11 Lane : 8 Athlete: CLUYSEN ZOë</b>		<b>Q-time: 00:37:09</b>
PB (50m pool): 00:35.61 Mol 23/06/2024		PB (25m pool): 00:34.95 SB: 00:37.09 Wezenberg 03/01/2026
	<b>50 M</b>	
PB	00:35.61	
	00:35.61	
	.....	

Coach feedback:

<b>Event number: 53: 50M BUTTERFLY WOMEN 15+</b>		<b>Heat:5, starttime: 15:26</b>
<b>Heat: 5/11 Lane : 6 Athlete: JANSEN NINA</b>		<b>Q-time: 00:36:04</b>
PB (50m pool): 00:36.04 Eindhoven 22/03/2026		PB (25m pool): 00:37.84 SB: 00:36.04 Eindhoven 22/03/2026
	<b>50 M</b>	
PB	00:36.04	
	00:36.04	
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Coach feedback:

<b>Event number: 53: 50M BUTTERFLY WOMEN 15+</b>		<b>Heat:8, starttime: 15:29</b>
<b>Heat: 8/11 Lane : 1 Athlete: MICHIELS ANS</b>		<b>Q-time: 00:34:13</b>
PB (50m pool): 00:34.13 Wezenberg 03/01/2026		PB (25m pool): 00:34.29 SB: 00:34.13 Wezenberg 03/01/2026
	<b>50 M</b>	
PB	00:34.13	
	00:34.13	
	.....	

Coach feedback:

<b>Event number: 55: 100M BREASTSTROKE WOMEN 13-14</b>		<b>Heat:4, starttime: 15:50</b>
<b>Heat: 4/8 Lane : 2 Athlete: ABAS NOUR</b>		<b>Q-time: 01:37:84</b>
PB (50m pool): 01:36.55 SportinGenk Park 06/04/2026		PB (25m pool): 01:37.84 SB: 01:36.55 SportinGenk Park 06/04/2026
	<b>50 M</b>	<b>100 M</b>
PB	00:45.24	01:36.55
	00:45.24	00:51.31
	.....	.....

Coach feedback: